

PLEASE LEAVE IN PEWS
HOLY GHOST BYZANTINE C.C.
McKEES ROCKS, PA

THE HOURS
for
Great Lent
and
Bright Week



STAND

First Hour

The priest, vested in a red epitrachilion, stands before the closed royal doors, which remain closed during the entire service, and intones:

Celebrant: Blessed is our God, always, now and ever, and forever.

Response: Amen.

Through the prayers of our Holy Fathers, O Lord Jesus Christ, our God, have mercy on us.

Amen.

Glory be to You, our God, glory be to You!

Heavenly King, Comforter, Spirit of Truth, You are everywhere present and fill all things. Treasury of Blessings and Giver of Life, come and dwell with us, cleanse us of all stain, and save our souls, O Gracious Lord.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. (3)

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

O Most Holy Trinity, have mercy on us; O Lord, cleanse us of our sins; O Master, forgive us our transgressions; O Holy One, come to us and heal our infirmities for Your Name's sake.

Lord, have mercy. (3)

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Celebrant: For Thine is the kingdom and the power and the glory, Father, Son, and Holy Spirit, now and ever, and forever.

R. Amen.

Lord, have mercy. (6)

Lord, have mercy. (6)

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

Come, let adore the King, our God.

Come, let us adore Christ, the King and our God.

Come, let us adore and bow down to the only Lord Jesus Christ, the King and our God.

The priest goes behind the altar.

SIT

PSALM 5

Prayer for Divine Help

Listen to my words, O Lord,
attend to my complaint;

Be attentive to the voice of my appeal, O my King
and my God!

For to You will I pray, O Lord.

At dawn, You shall listen to my voice,
at dawn I will stand at Your service and look up.
For You are not a God pleased with iniquity
neither shall the evil-doer dwell with You;

Nor shall transgressors stand before Your sight:
You loathe all those who work iniquity.
You will destroy all those who speak lies:
The Lord abhors all men of blood and deceit

But I, in the abundance of Your love,
will have access to Your dwelling place:
Before Your holy temple I will worship
in the fear of You.

O Lord, be my guide in Your justice;
because of my foes, clear my path before You.
Indeed, in their mouth there is no truth,
their heart is vain;

Their throat is but a gaping tomb,
their words deceive.

Judge them, O God,
let them founder in their evil plots.

Because of their many crimes, cast them out,
for they have risen against You, the Lord.
And all those who trust in You shall rejoice:
they shall feast forevermore,

And You shall dwell among them
and all who love Your Name shall be glad,
For You bless the just man, O Lord:
You have covered us as with a shield of grace.

PSALM 89

Frailty of Man

O Lord, You, have been for us
a refuge from age to age:
Before the mountains came to be,
before the earth and the world were formed,
from all eternity to all eternity, You are.

Let not man return to wretchedness:
You said: "Turn back, you sons of men!"
A thousand years in Your sight are but a yesterday
long past, and as a watch of night.

Years shall be nothingness to them:
Let the morning pass away as tender grass.
In the morning, let it bloom and fade,
in the evening, let it droop and wilt and dry.

For we have perished by Your anger
and we have been shaken by Your wrath.
You have placed our sins before You:
our time stands in the light of Your face.

For all our days are wasted,
and we have passed away in Your wrath,

Our years are as fragile as a spider's web.
The number of our years is seventy years.

Eighty years perhaps if we are among the strong,
and their span is but toil and sorrow.
For meekness came upon us,
and we were chastized.

Who knows the might of Your anger?
By the fear of You shall Your wrath be measured.
Thus make known to me Your right hand
and those who were trained with wisdom in their heart.

Return, O Lord! How long shall You delay?
Take up the defense of those who serve You.
In the morning, fill us with Your love,
that we may rejoice and be glad in all our days.

Repay us in joy the times You did afflict us,
the many years when disgrace was our lot.
Let Your work be manifest to Your servants
and Your glory, to their children.

And may the brightness of the Lord our God shine upon us,
and may He prosper the works of our hands for us,
may He prosper the works of our hands!

PSALM 100

God's Love and Justice

To You, Lord, I will sing of love and judgment,
I will sing to the harp and walk a blameless path!
Oh, when will You come to me?
I have walked with innocence of heart
in the midst of my house.

I have not set before my eyes any unlawful thing,
I detest those who commit evil deeds.
A perverse heart has not been my companion:
the wicked man turned away from me,
I knew him not.

Whoever slandered his neighbor in secret,
him I expelled.
With a man of haughty airs and greedy heart,
I would not share a meal.

My eyes are upon the faithful of the land
so that they may dwell with me.
The man who walked a blameless path,
he has attended me.

The man who practiced haughtiness
found no lodging in my house.
The man who spoke unjustly
did not prosper in my sight.

Early did I slay all the sinners of the land
rooting out of the city of the Lord all the workers
of iniquity.

STAND for the remainder of the First Hour.

Glory be to the Father, and to the Son, and to the Holy Spirit,
now and ever, and forever. Amen.

Alleluia, alleluia, alleluia.

Glory to You, O God! *(3 times, each time with a bow)*

TROPARION — Tone 6

Listen to my voice at dawn, * O my King and my God.

Recite

Verse: Listen to my word, O Lord, be aware
of my call.

Recite

Repeat Troparion

verse: Because it is to You, O Lord, that I pray.

Repeat Troparion

BOHORODIČEN - Tone 6

Glory be: Now and ever:

What shall we call you, O Full of Grace? * A Heaven;
for you have borne the Sun of Justice? * A Paradise; for
you have brought forth the flower of Immortality? * A Vir-

gin; for you have remained undefiled? * A Mother, holding in her holy arms the Son Who is the God of All? * Intercede with Him for the salvation of our souls.

To be recited by all:

Let my way be straight according to Your word; let no sin overcome me. Save me from the wickedness of men, and I will keep Your commandments. Let Your face shine upon Your servants, and teach me Your laws. Let my mouth be filled with Your praise, O Lord, and let me sing Your glory and magnificence all the day long.

Holy God, Holy and Mighty.....(3)

Glory be: Now and ever:

O Most Holy Trinity.....

Lord, have mercy. (3)

Glory be: Now and ever:

Our Father.....

From behind the altar the priest intones:

Celebrant: For Thine is the kingdom and the power and the glory, Father, Son, and Holy Spirit, now and ever, and forever.

R. Amen.

TROPARIA - Tone 8

Troparion melody for all three Troparia

Come to us in haste, O Christ our God, * before we become slaves of those who blaspheme You and threaten our lives. * With Your cross exterminate those who make war against us; * let them know how strong is the faith of those who profess the true faith. * Grant this through the prayers of the Mother of God, * for You alone are the Lover of Mankind.

Glory be: * O Lord, Author of All Creation, * the universe offers to You the God-bearing Martyrs as the first-fruits of nature. * Through their prayers and through the Mother of God, * preserve Your Church, Your dwelling-place, in perfect peace, * O Most Merciful One.

Now and ever: * Let us with our hearts and lips, * continually extol the most glorious Mother of God, * holier than

the heavenly angels, * and proclaim that she is truly the Mother of God, * for she has truly given birth to God Incarnate, * and never does she cease to intercede for our souls.

The priest comes to the amvon where he will remain until the completion of the First Hour.

Lord, have mercy. (40)

Celebrant: O Christ our God, in all times and places You are worshiped and glorified both in heaven and on earth. You are long-suffering and generous in Your mercy and compassion. You love the Just and show mercy to the sinner, calling all men to repentance through the promise of blessings to come. Deem, O Lord, at this very hour, to receive our supplications and to direct our lives in the path of Your commandments. Sanctify our souls; purify our bodies; set right our minds; cleanse our thoughts; deliver us from all affliction, trouble, and distress; surround us with Your holy Angels so that, guided and guarded in their camp, we may attain oneness of faith and the knowledge of Your unspeakable glory. For You are blessed forever and ever.

R. Amen.

Lord, have mercy. (3)

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, You, a virgin, gave birth to God, the Word. You, truly the Mother of God, we magnify.

Give the blessing, Father, in the Name of the Lord.

Celebrant: May God be merciful to us and bless us; may He cause His countenance to shine upon us, and have mercy on us.

R. Amen.

PRAYER OF SAINT EPHREM

O Lord and Master of my life, * keep from me the spirit of indifference and discouragement, * lust of power and idle chatter.

Prostration

Instead, grant to me Your servant, * the spirit of wholeness of being, * humble-mindedness, patience, and love.

Prostration

O Lord and King, * grant me the grace to be aware of my sins * and not to judge my brother; * for You are blessed now and ever, and forever. Amen.

Prostration

*The following prayer is repeated four times,
making a total of twelve bows:*

O God, be merciful to me a sinner. [bow] O God, cleanse me of my sins, and have mercy on me. [bow] O Lord, forgive me for I have sinned without number. [bow]

The Prayer of St. Ephrem is said once more in its entirety, with one final prostration at the completion.

Holy God, Holy and Mighty,..... (3)

Glory be: Now and ever:.....

O Most Holy Trinity.....

Lord, have mercy. (3)

Glory be: Now and ever:.....

Our Father.....

Celebrant: For Thine is the kingdom and the power and the glory, Father, Son, and Holy Spirit, now and ever, and forever.

R. Amen.

Lord, have mercy. (6)

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Celebrant: O Christ, the True Light, Who enlightens and sanctifies every man in the world, mark us with the light of Your countenance so that we may see the unapproachable

radiance. Let our life be straight along the path of Your Commandments, through the prayers of Your most pure Mother and of all Your Saints.

R. Amen.

If the 3rd Hour is to follow, begin on page 10.

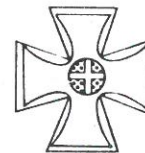
Otherwise, the following Dismissal:

Celebrant: Glory be to You, Christ God, our hope; glory be to You!

R. Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen. Lord, have mercy! Lord, have mercy! Lord, have mercy! Give the blessing!

Celebrant: May Christ our true God (**risen from the dead**) have mercy on us and save us through the prayers of His most pure Mother, and of our venerable and God-bearing Fathers, and of all the Saints; for He is gracious and loves mankind.

R. Amen.



STAND

Third Hour

*If taken separately from the preceding Hour, the Usual
Beginning Prayers are said. Otherwise begin:*

Come, let us adore the King, our God.

Come, let us adore Christ, the King and our God.

Come, let us adore and bow down to the only Lord Jesus
Christ, the King and our God. *The priest goes behind the altar.*

SIT

PSALM 16

Prayer Against Persecutors

Listen, O Lord of my righteousness,
attend to my appeal;
Give ear to my prayer
that is not from deceitful lips;

Let my judgment come forth from Your face,
let my eyes behold what is right.
You have proved my heart,
You have watched me by night;
You have tried me with fire
and found in me no wrong.

That my mouth utter not
the misdeeds of men,
Because of the words of Your lips,
I have followed rugged roads:

Establish my footsteps upon Your paths
that my footsteps stumble not.
I have cried out to You,
for You have heard me, O God:

Lend me Your ear
and listen to my words;
Display Your love marvelously,
O Savior of those who trust in You!

From those who have risen against Your power,
protect me as the apple of Your eye;

Shelter me beneath the shelter of Your wings
from the sight of the wicked who afflict me.

These enemies of mine beset my soul:
they enclosed themselves in their fat,
their mouth spoke pride,
They cast me out, then surrounded me:
they have eyes but to throw me to the ground.

They watched me as a lion set to pounce
as a lion-cub lurking in its den.
Arise, O Lord, prevent them and overthrow them!
Deliver my soul from wicked men,
wrest Your sword from the enemies of Your power!

O Lord, cut them off from the earth
very soon, while they are still alive.
Their bellies were filled with Your goods
—they shall be satisfied with sons—
they have left the remains to their babes.

As for me, I shall behold Your face in righteousness
and shall be satisfied with the vision of Your glory.

PSALM 24

Prayer for Guidance and Help

To You, O Lord, I have lifted up my soul;
O my God, I have trusted in You:
let me not be put to shame for ever.
Let not my enemies laugh at me:
of all those who seek You, none will be shamed.
Let shame befall the wanton transgressors.

Make known to me Your ways, O Lord,
show me Your paths;
Guide me in Your truth and teach me
for You are my God and Savior
and I have waited for You all the day.

Remember Your tender mercies, O Lord,
and Your love that are from all ages;
The sins of my youth and my failures
remember not.

Remember me in Your love, O Lord,
because of Your kindness.
Kind and true is the Lord:
He will set the wayward aright,

He will give good judgment to the meek,
He will teach the meek His ways.
All the ways of the Lord are mercy and truth
to those who seek His covenant and His revelation.

For the sake of Your Name, O Lord,
forgive also my sin for it is great.
Be there a man who fears the Lord,
him the Lord will teach in the way he has chosen.

His soul shall dwell in prosperity
and his seed shall inherit the land.
The Lord is the might of those who fear Him,
and He will reveal His covenant to them.

My eyes are always upon the Lord,
for He will loose my feet from the snare.
Look upon me and have mercy on me,
For I am lonely and destitute;

The troubles of my heart are multiplied:
deliver me from my straits.
Behold my afflictions and my pain
and forgive all my sins;

Behold my enemies: they have grown in number
and have hated me with unfair hatred.
Preserve my soul and deliver me
that I may not be shamed, for I trust in You.

The blameless and the righteous stood with me
because I waited for You, O Lord.
Deliver Israel, O Lord,
of all his afflictions!

PSALM 50

Prayer of Repentance

O God, have mercy on me
in the greatness of Your love;
In the abundance of Your tender mercies
wipe out my offense.

Wash me thoroughly from malice
and cleanse me from sin,
For I am well aware of my malice
and my sin is before me always.

It is You alone I have offended,
I have done what is evil in Your sight,
Wherefore, You are just in Your deeds
and triumphant in Your judgment.

Behold, I was born in iniquities
and in sins my mother conceived me.
But You are the Lover of Truth:
You have shown me the depths and secrets of Your
wisdom.

Wash me with hyssop and I shall be pure,
cleanse me and I shall be whiter than snow.
Let me hear sounds of joy and feasting:
the bones that were afflicted shall rejoice.

Turn Your face away from my offenses
and wipe off all my sins.
A spotless heart create in me, O God;
renew a steadfast spirit in my breast.

Cast me not afar from Your face,
take not Your blessed Spirit out of me.

Restore to me the joy of Your salvation
and let Your guiding Spirit dwell in me.

I will teach Your ways to the sinners
and the wicked shall return to You.

Deliver me from blood-guilt, O God, my saving God,
and my tongue will joyfully sing Your justice.

O Lord, You shall open my lips
and my mouth will declare Your praise.
Had You desired sacrifice, I would have offered it,
but You will not be satisfied with whole-burnt offerings.

Sacrifice to God is a contrite spirit:
a crushed and humbled heart God will not spurn.
In Your kindness, O Lord, be bountiful to Sion;
may the walls of Jerusalem be restored.

Then will You delight in just oblation,
in sacrifice and whole-burnt offerings.
Then shall they offer calves upon Your altar.

STAND for the remainder of the third Hour.

Glory be to the Father, and to the Son, and to the Holy Spirit,
now and ever, and forever. Amen.

Alleluia, alleluia, alleluia.
Glory to You, O God! *(3 times, each time with a bow)*

TROPARION - Tone 6

O Lord, Who at the third hour, * sent Your All-holy
Spirit upon the Disciples, * take Him not away from us, O
Gracious Lord, * but renew Him in us, we pray.

Recite

Verse: A pure heart create in me, O God! A
steadfast spirit renew in me.

Recite

Repeat Troparion

Verse: Cast me not away from Your presence,
nor deprive me of Your Holy Spirit.

Repeat Troparion

BOHORODIČEN - Tone 6

Glory be: Now and ever:

O Mother of God, you are the true vine * laden with the
fruit of life. * Therefore, we implore you, O Lady, * to inter-
cede together with the Apostles and Saints * so that we may
obtain mercy for our souls.

To be recited by all:

Blessed is the Lord God! Blessed is the Lord day by day!
May the God of our salvation smooth our path. Our God is
the God of salvation.

Holy God, Holy and Mighty,.....(3)

Glory be: Now and ever:.....

O Most Holy Trinity.....

Lord, have mercy. (3)

Glory be: Now and ever:.....

Our Father.....

From behind the altar the priest intones:

Celebrant: For Thine is the kingdom and the power and
the glory, Father, Son, and Holy Spirit, now and ever, and
forever.

R. Amen.

TROPARIA - Tone 8

Troparion melody for all three Troparia

Blessed are You, O Christ our God, * Who filled the
fishermen with wisdom * by sending down upon them Your
Holy Spirit. * Through them You drew the world into Your
net. * O Lover of Mankind, glory be to You!

Glory Be: * When the Most High descended and confused
all tongues, He scattered the people; * but when He distrib-
uted the tongues of fire, He called all men to unity. * There-
fore, with one voice, let us praise the Most Holy Spirit.

Now and ever: * O Most Pure Mother of God, * you are a
hope, a stronghold, and a refuge for Christians; * you are an
unconquerable wall and a peaceful haven for the weary. *
Through your unceasing intercession you are saving the

world; * and we ask you to also remember us, O Virgin worthy of all praise.

The priest comes to the amvon where he will remain until the completion of the Third Hour.

Lord, have mercy. (40)

Celebrant: O Christ our God, in all times and places You are worshiped and glorified both in heaven and on earth. You are long-suffering and generous in Your mercy and compassion. You love the Just and show mercy to the sinner, calling all men to repentance through the promise of blessings to come. Deem, O Lord, at this very hour, to receive our supplications and to direct our lives in the path of Your commandments. Sanctify our souls; purify our bodies; set right our minds; cleanse our thoughts; deliver us from all affliction, trouble, and distress; surround us with Your holy Angels so that, guided and guarded in their camp, we may attain oneness of faith and the knowledge of Your unspeakable glory. For You are blessed forever and ever.

R. Amen.

Lord, have mercy. (3)

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, You, a virgin, gave birth to God, the Word. You, truly the Mother of God, we magnify.

Give the blessing, Father, in the Name of the Lord.

Celebrant: Through the prayers of our Holy Fathers, O Lord, Jesus Christ our God, have mercy on us.

R. Amen.

PRAYER OF SAINT EPHREM

O Lord and Master of my life, * keep from me the spirit of indifference and discouragement, * lust of power and idle chatter.

Prostration

Instead, grant to me Your servant, * the spirit of wholeness of being, * humble-mindedness, patience, and love.

Prostration

O Lord and King, * grant me the grace to be aware of my sins * and not to judge my brother; * for You are blessed now and ever, and forever. Amen.

Prostration

The following prayer is repeated four times, making a total of twelve bows:

O God, be merciful to me a sinner. [bow] O God, cleanse me of my sins, and have mercy on me. [bow] O Lord, forgive me for I have sinned without number. [bow]

The Prayer of St. Ephrem is said once more in its entirety, with one final prostration at the completion.

Holy God, Holy and Mighty,..... (3)

Glory be: Now and ever:.....

O Most Holy Trinity.....

Lord, have mercy. (3)

Glory be: Now and ever:.....

Our Father.....

Celebrant: For Thine is the kingdom and the power and the glory, Father, Son, and Holy Spirit, now and ever, and forever.

R. Amen.

Lord, have mercy. (6)

Lord, have mercy. (6)

Celebrant: O God our Master, Almighty Father; Only-begotten Son, Lord Jesus Christ; and You, O Holy Spirit, One God and One Might, have mercy on me a sinner, and save me, Your unworthy servant, according to the ways of Your wisdom. For You are blessed forever and ever.

R. Amen.

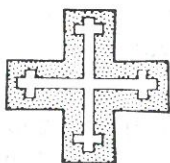
*If the 6th Hour is to follow, begin on page 19.
Otherwise, the following Dismissal:*

Celebrant: Glory be to You, Christ God, our hope; glory be to You!

R. Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen. Lord, have mercy! Lord, have mercy! Lord, have mercy! Give the blessing!

Celebrant: May Christ our true God (**risen from the dead**) have mercy on us and save us through the prayers of His most pure Mother, and of our venerable and God-bearing Fathers, and of all the Saints; for He is gracious and loves mankind.

R. Amen.



STAND

Sixth Hour

If taken separately from the preceding Hours, the Usual Beginning Prayers are said. Otherwise begin:

Come, let us adore the King, our God.

Come, let us adore Christ, the King and our God.

Come, let us adore and bow down to the only Lord Jesus Christ, the King and our God. *The priest goes behind the altar.*

SIT

PSALM 53

Confident Prayer in Times of Peril

Save me, O God, by Your Name
and judge me by Your might.
O God, hear my prayer,
listen to the words of my mouth.

For strangers have risen against me
and powerful men have pursued my soul
instead of contemplating God.

Behold, God is my Helper
and the Lord is the Sustainer of my soul.

He will return evil upon my enemies,
He will destroy them in His truth.
With eager heart I will sacrifice to You,
I will praise Your Name, O Lord, for it is good.

For You have delivered me from all affliction
and my eyes have looked down on my enemies.

PSALM 54

Prayer of a Man Persecuted

O Lord, listen to my prayer
and do not overlook my supplication:
give heed to me and answer me.
I was grieved in my meditation,
I trembled at the enemy's shouts
and at the oppression of the wicked one.

They brought down evil upon me
and seethed with anger against me.
My heart recoiled within me,
the anguish of death befell me.

Fear and trembling came upon me
and darkness covered me up.
And I said: "Who will give me wings like a dove's
and I shall fly and I shall come to rest?"

Behold, I have fled to distant places
and made the wilderness my home.
I have waited for God to deliver me
from faintheartedness and windy storm.

O Lord, confound and divide their tongues,
for I have seen evil and strife in the town.
Day and night it whirls upon its ramparts;
inside there is sin and trouble and injustice.

Usury and fraud are never absent
from its public squares.
Had it been a foe who insulted me,
that I could have endured;

Had he hated me who stood up against me,
from him I could have hidden.
But you, a man of kindred soul,
my guide, my close acquaintance

With whom I ate in sweet companionship
and walked in harmony within God's house!
May death come down upon them,
may they fall into the Abyss alive!

For evil is within their dwellings,
in the very midst of them.
As for me, I have appealed to God
and the Lord has heard me.

At dusk, dawn and noon, I will cry out and call
and He will hear my voice.

He will deliver my soul in peace
from those who came close to me,
from the crowd that surrounded me.

God, the Master before all ages
will hear and humble them.
For in them there is no repentance,
for they have not feared God.

He offered His hand in Self-giving,
but they broke away from His covenant.
They were scattered by the anger of His face
and their hearts became tight.

Their words were smoother than oil
but they themselves were darts.
Place your burden upon the Lord
and He Himself will sustain you:
He will never let the just be tossed around.

But You, O Lord, shall cast them down
into the pit of destruction.
Men of blood and deceit shall not live half their days;
as for me, I will hope in You, O Lord!

PSALM 90

Security Under God's Protection

He who dwells in the shelter of the Most High
abides in the shadow of God of heaven.
He will say to the Lord: "My wall, my refuge,
my God in Whom I will trust!"

He it is Who will save you from the hunter's snare,
and from the deadly pestilence.
With His pinions, He will overshadow you
and beneath His wings you shall rest secure.

As a shield, His truth shall cover you:
you shall not fear the terror of the night,
nor the arrow that flies by day,

Nor the thing that lurks about in darkness,
nor the pestilence or demon of the noon.

Though a thousand may be falling at your side,
and ten thousand at your right,
no harm will come to you.

But you with your eyes shall observe,
and see the retribution of the wicked.

Because you have said: "O Lord, You are my hope!"
and you have taken the Most High as your refuge,
No evil shall come close to you,
nor shall any scourge approach your dwelling.

For He will command the Angels
to watch over all your ways.
In their hands they shall carry you
lest you stumble with your foot against a stone.

Upon the asp and the viper you shall tread;
the lion and the dragon you shall trample.
Because he trusted Me, I will save him;
I will protect him, for he knew My Name;

He will call on Me, and I will answer him,
I am with him at the time of distress;
I will deliver him and give him glory,
With length of days I will feed him,
and My salvation I will let him see.

STAND for the remainder of the Sixth Hour.

Glory be to the Father, and to the Son, and to the Holy Spirit,
now and ever, and forever. Amen.

Alleluia, alleluia, alleluia!

Glory to You, O God! *(3 times, each time with a bow)*

TROPARION - Tone 6

O Lord, on the sixth day and at the sixth hour * You nailed
to the cross the sin which Adam presumed to commit in
Paradise. * Now also tear up the list of our iniquities, * and
save us, O Christ our God.

Recite

Verse: O Lord, listen to my prayer, be not aloof
to my appeal.

Recite

Repeat Troparion

Verse: As for me, I have appealed to God,
and the Lord has heard me.

Repeat Troparion

BOHORODICEN - Tone 6

Glory be: Now and ever:

Since we have no one else in whom we may confide
because of our many sins, * O virgin Mother of God, inter-
cede for us with the One Who was born of you; * for a
mother's prayer is a powerful means to obtain favor from the
Master. * O you, who are most worthy of veneration, *
turn not away from the pleading of sinners, * for the One
Who willed to suffer in the flesh for us is full of mercy, *
and by His power He is able to save us.

To be recited by all:

Let Your bounties, O Lord, come down upon us in haste,
for our need has become great indeed. Help us, O God our
Savior, for the glory of Your Name. Save, O Master, and
forgive our sins for the sake of Your Name.

Holy God, Holy and Mighty.....(3)

Glory be: Now and ever:.....

O Most Holy Trinity.....

Lord, have mercy. (3)

Glory be: Now and ever:.....

Our Father.....

From behind the altar the priest intones:

Celebrant: For Thine is the kingdom and the power and the glory, Father, Son, and Holy Spirit, now and ever, and forever.

R. Amen.

TROPARIA - Tone 2

You have wrought the salvation in the midst of the earth, O Christ our God, * You have stretched out Your pure hands on the cross; * You have gathered all nations to exclaim to You: * "Glory be to You, O Lord."

Glory be: O Gracious Lord, we adore Your most pure image, * begging forgiveness for our sins, O Christ our God. * You have chosen to ascend the cross of Your own free will * to save Your creatures from bondage to the enemy. * Therefore, we cry out to You in gratitude: * "O our Savior, by coming down to save the world, * You have filled all things with joy."

On Monday, Tuesday, Thursday, we sing:

Now and ever: Source of Mercy, and the Mother of our God, * make us worthy to be pitied, * look down upon a sinful people, and show your power as always. * Since we hope in you, we now greet you, * as did Gabriel, the leader of the heavenly hosts.

On Wednesday and Friday, we sing:

Now and ever: O most glorious Virgin and the Mother of our God, * we praise you, for through the cross of your Son, * the Abyss was destroyed and Death was slain * and we who were dead have risen and are deemed worthy of life, * and have regained Paradise, the first Garden of Eden. * Therefore, we glorify you in thanksgiving to Christ our God, * for He is Almighty, and He alone is full of mercy.

The priest comes to the amvon where he will remain until the completion of the Sixth Hour.

Lord, have mercy. (40)

Celebrant: O Christ our God, in all times and places You are worshiped and glorified both in heaven and on earth. You are long-suffering and generous in Your mercy and compassion. You love the Just and show mercy to the sinner, calling all men to repentance through the promise of blessings to come. Deem, O Lord, at this very hour, to receive our supplications and to direct our lives in the path of Your commandments. Sanctify our souls; purify our bodies; set right our minds; cleanse our thoughts; deliver us from all affliction, trouble, and distress; surround us with Your holy Angels so that, guided and guarded in their camp, we may attain oneness of faith and the knowledge of Your unspeakable glory. * For You are blessed forever and ever.

R. Amen.

Lord, have mercy. (3)

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, You, a virgin, gave birth to God, the Word. You, truly the Mother of God, we magnify.

Give the blessing, Father, in the Name of the Lord.

Celebrant: Through the prayers of our Holy Fathers, O Lord, Jesus Christ our God, have mercy on us.

R. Amen.

PRAYER OF SAINT EPHREM

O Lord and Master of my life, * keep from me the spirit of indifference and discouragement, * lust of power and idle chatter.

Prostration

Instead, grant to me Your servant, * the spirit of wholeness of being, * humble-mindedness, patience, and love.

Prostration

O Lord and King, * grant me the grace to be aware of my sins * and not to judge my brother; * for You are blessed now and ever, and forever. Amen.

Prostration

The following prayer is repeated four times, making a total of twelve bows:

O God, be merciful to me a sinner. [bow] O God, cleanse me of my sins, and have mercy on me. [bow] O Lord, forgive me for I have sinned without number. [bow]

The Prayer of St. Ephrem is said once more in its entirety, with one final prostration at the completion.

Holy God, Holy and Mighty,..... (3)

Glory be: Now and ever:.....

O Most Holy Trinity.....

Lord, have mercy. (3)

Glory be: Now and ever:.....

Our Father.....

Celebrant: For Thine is the kingdom and the power and the glory, Father, Son, and Holy Spirit, now and ever, and forever.

R. Amen.

Lord, have mercy. (6)

Lord, have mercy. (6)

Celebrant: O God, Lord of Powers and Maker of the whole creation, through Your compassion beyond our understanding, You sent down Your Only-begotten Son, our Lord Jesus Christ, for the salvation of our race. Through His cross He cancelled the debt of our sins and triumphed over the powers and masters of darkness. Now accept from us sinners these prayers of thanksgiving and petition, and preserve us from any deadly fall in the darkness and against every visible and invisible enemy who may seek our harm. Pierce our bodies with fear of You, and let not our souls fall into evil words or thoughts, but, instead, wound them with longing for You so that, looking upon You at all times and

guided by the light that emanates from You, we may contemplate the unapproachable eternal light. May we ever address our thanksgiving and worship to You, O Eternal Father, and to Your Only-begotten Son, and to Your All-holy gracious, and life-giving Spirit, now and ever, and forever.

R. Amen.

If the 9th Hour is to be taken, begin on page 28.

Otherwise, the following Dismissal:

Celebrant: Glory be to You, Christ God, our hope; glory be to You!

R. Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen. Lord, have mercy! Lord, have mercy! Lord, have mercy! Give the blessing!

Celebrant: May Christ our true God (**risen from the dead**) have mercy on us and save us through the prayers of His most pure Mother, and of our venerable and God-bearing Fathers, and of all the Saints; for He is gracious and loves mankind.

R. Amen.



STAND

Ninth Hour

*If taken separately from the preceding Hours, the Usual
Beginning Prayers are said. Otherwise begin:*

Come, let us adore Christ, the King and our God.

Come, let us adore Christ, the King and our God.

Come, let us adore and bow down to the only Lord Jesus
Christ, the King and our God. *The priest goes behind the altar.*

SIT

PSALM 83

A Pilgrim's Song

How lovely Your dwelling-places, O Lord of Powers:

Away from the Lord's courtyards,
my soul yearns and pines.

My heart and flesh have cried out for joy
towards God alive.

For the sparrow has found itself a home,
and the dove a nest of its own
where to cradle its young:

Your altars, O Lord of Powers,
my King and my God!

Blessed are those who live in Your house:
they will praise You for ever and ever.

Blessed is the man whose support You are:
in his heart he has planned ascensions
through the valley of weeping, to the place he has chosen.

And the Lawmaker shall give blessings:
they shall go from strength to strength
and the God of gods shall be seen in Sion.

Listen to my prayer, O Lord God of Powers;
O God of Jacob, lend Your ear.

O God, our shield, behold
and look upon the face of Your Anointed One.
For a day in Your courts is better
than a thousand elsewhere.

I would rather be lowly in the house of my God
than dwell in the tents of the wicked.
For the Lord loves kindness and truth:
God will bestow the grace and the glory.

The Lord shall not deny good things
to those who walk in innocence.

O Lord of Powers,
blessed is the man who hopes in You!

PSALM 84

Prayer for Peace

O Lord, You have favored Your land,
You have returned the captives of Jacob,
You have remitted the sins of Your people,
You have covered up all their offenses.

You have made all Your anger subside,
You have turned from the anger of Your Spirit.
Change us, O God of our salvation
and turn Your wrath away from us.

Be not angry with us forever:
will Your wrath endure from generation to generation?
O God, You will return and quicken us
that Your people may rejoice in You.

O Lord, let us see Your loving kindness
and grant us Your salvation.

I will hear what the Lord God says within me
for He will speak peace to His people
and to His holy ones
and to those who turn their hearts to Him.

Now, His salvation is at hand for those who fear Him
that glory may dwell in our land.

Kindness and truth have come together,
peace and righteousness have embraced.

Truthfulness had grown out of the earth,
righteousness has bowed down from heaven.

For the Lord will provide happiness
and our earth shall yield its fruit.

Righteousness shall walk before Him
and guide His footsteps on the way.

PSALM 85

Prayer in Times of Trial

Lend Your ear, O Lord, and listen to me,
for I am distressed and in need.

Guard my soul for I am pure:

O my God, save Your servant whose hope is in You!

Have mercy on me, O Lord,
for I will cry out to You all the day.

Comfort the soul of Your servant,
for I have lifted up my soul to You.

You are generous and gentle, O Lord,
full of loving kindness for those who pray to You.

O Lord, listen to my prayer,
be attentive to the voice of my supplication.

On the day of my affliction,
I called out to You and You heard me.
Of all the gods, there is not one like You,
nor is there any work to match what You do.

All the nations which You made come up and worship You
and give glory to Your Name, O Lord.
For You are great, and a Wonderworker:
You are the only God.

Lead me along Your way, O Lord,
and I will walk in Your truth.
Let my heart rejoice for having feared Your Name.
I will confess You with all my heart, O Lord my God,
and I will give glory to Your Name forever.

For great is Your kindness to me, O Lord;
and You have saved my soul from the depth of the Abyss.
Wicked men have risen up against me, O God,
and a band of strong men have sought my life,
and they did not keep You in mind.

But You, O Lord my God, are compassionate and kind,
slow to anger and full of tenderness and truth.
Look upon me and have mercy on me;
give Your strength to Your servant
and save the son of Your handmaid.

Give me a token of Your favor
and those who hate me shall behold and cringe.
For You, O Lord, have helped me
and comforted me.

And again:

Give me a token of Your favor
and those who hate me shall behold and cringe.
For You, O Lord, have helped me
and comforted me.

STAND for the remainder of the Ninth Hour.

Glory be to the Father, and to the Son, and to the Holy Spirit,
now and ever, and forever. Amen.

Alleluia, alleluia, alleluia.
Glory to You, O God! *(3 times, each time with a bow)*

TROPARION - Tone 8

O Lord, Who, for our sake, endured bodily death at the
ninth hour, * subdue the passions of our flesh, O Christ our
God, and save us.

Recite

Verse: Let my prayer come before You, O Lord;
give me understanding according to Your word.

Recite

Repeat Troparion

Verse: Let my supplication come before You,
O Lord; deliver me according to Your word.

Repeat Troparion

BOHORODIČEN - Tone 8

Glory be: Now and ever:

O Lord, Who for our sake was born of the Virgin * and suffered crucifixion, * O Gracious One, Who destroyed Death by death, * and, as God, revealed resurrection, * despise not those whom You have created with Your own hands; * but show forth Your love for mankind, O Merciful One. * Accept as our intercessor the Mother of God who gave You birth, * and save a despairing people, O our Savior.

To be recited by all:

For the sake of Your holy Name, do not abandon us forever; do not forget Your covenant. For the sake of Abraham the trustful one, Isaac Your servant, and Israel Your holy one, do not take Your mercies away from us.

Holy God, Holy and Mighty.....(3)

Glory be: Now and ever:.....

O Most Holy Trinity.....

Lord, have mercy. (3)

Glory be: Now and ever:.....

Our Father.....

From behind the altar the priest intones:

Celebrant: For Thine is the kingdom and the power and the glory, Father, Son, and Holy Spirit, now and ever, and forever.

R. Amen.

TROPARIA - Tone 8

Troparion melody for all three Troparia

When the thief beheld the Author of Life * hanging upon the cross, he cried out: * "If this One crucified with us were not an incarnate God, * the sun would not have dimmed its light, * nor would the earth have shaken with trembling. * But You, O Lord, Who suffers for all men, * remember me, when You come into Your kingdom."

Glory be: Your cross, in the midst of the thieves, * became a balance of justice; * for one of them fell down into hell * through the weight of blasphemy, * while the other

was lifted out of his sins * unto knowledge of things divine. * O Christ our God, glory be to You!

Now and ever: When she who bore You beheld You upon the cross * O Lamb and Shepherd and Savior of the World, * she tearfully cried out: * "The world rejoices at the sight of its redemption * but my heart is on fire as I see Your pain on this cross * which You endure for the sake of all, * O my Son and my God."

The priest comes to the amvon where he will remain until the completion of the Ninth Hour.

Lord, have mercy. (40)

Celebrant: O Christ our God, in all times and places You are worshiped and glorified both in heaven and on earth. You are long-suffering and generous in Your mercy and compassion. You love the Just and show mercy to the sinner, calling all men to repentance through the promise of blessings to come. Deem, O Lord, at this very hour, to receive our supplications and to direct our lives in the path of Your commandments. Sanctify our souls; purify our bodies; set right our minds; cleanse our thoughts; deliver us from all affliction, trouble, and distress; surround us with Your holy Angels so that, guided and guarded in their camp, we may attain oneness of faith and the knowledge of Your unspeakable glory. For You are blessed forever and ever.

R. Amen.

Lord, have mercy. (3)

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, You, a virgin, gave birth to God, the Word. You, truly the Mother of God, we magnify.

Give the blessing, Father, in the Name of the Lord.

Celebrant: May God be merciful to us and bless us; may He cause His countenance to shine upon us, and have mercy on us.

R. Amen.

PRAYER OF SAINT EPHREM

O Lord and Master of my life, * keep from me the spirit of indifference and discouragement, * lust of power and idle chatter.

Prostration

Instead, grant to me Your servant, * the spirit of wholeness of being, * humble-mindedness, patience, and love.

Prostration

O Lord and King, * grant me the grace to be aware of my sins * and not to judge my brother; * for You are blessed now and ever, and forever. Amen.

Prostration

*The following prayer is repeated four times,
making a total of twelve bows:*

O God, be merciful to me a sinner. [bow] O God, cleanse me of my sins, and have mercy on me. [bow] O Lord, forgive me for I have sinned without number. [bow]

The Prayer of St. Ephrem is said once more in its entirety, with one final prostration at the completion.

Holy God, Holy and Mighty,..... (3)

Glory be: Now and ever:.....

O Most Holy Trinity.....

Lord, have mercy. (3)

Glory be: Now and ever:.....

Our Father.....

Celebrant: For Thine is the kingdom and the power and the glory, Father, Son, and Holy Spirit, now and ever, and forever.

R. Amen.

Lord, have mercy. (6)

Lord, have mercy. (6)

Celebrant: O Master, Lord Jesus Christ, You patiently endured our sins and led us to this hour at which You were

hung upon the life-giving wood. You opened a way to paradise for the penitent thief and crushed Death by Your death. Now forgive the trespasses that we Your servants have committed, unworthy sinners that we are. We have sinned indeed and transgressed Your law. We are unworthy even to lift up our eyes to heaven, for we have abandoned the path of Your holiness and pursued the desires of our hearts. But now we implore Your immense goodness: Spare us, O Lord in the multitude of Your mercies; save us for the sake of Your most Holy Name. Our days were spent in vanity; wrest us from the hands of our enemy, and forgive our sins. Subdue in us the cravings of our flesh, so that, after putting off the old man, we may put on the new and live for You, our Lord and Benefactor; and that, obeying Your commandments, we may reach eternal repose in the place where all the blessed abide; for You are truly Joy and Delight to those who love You, O Christ our God. We send up glory to You, and to Your eternal Father, and to Your all-holy, gracious, and life-giving Spirit, now and ever, and forever.

R. Amen.

On ordinary weekdays, if Vespers is to be taken, it begins immediately. Otherwise, the following Dismissal:

Celebrant: Glory be to You, Christ God, our hope; glory be to You!

R. Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen. Lord, have mercy! Lord, have mercy! Lord, have mercy! Give the blessing!

Celebrant: May Christ our true God (**risen from the dead**) have mercy on us and save us through the prayers of His most pure Mother, and of our venerable and God-bearing Fathers, and of all the Saints; for He is gracious and loves mankind.

R. Amen.



Hours for Bright Week

*The following is to be used for all Hours on Resurrection Day
and during all of Bright Week.*

Celebrant: Blessed is our God, always, now and ever, and forever.

R. Amen.

Celebrant: Through the prayers of our Holy Fathers, O Lord Jesus Christ our God, have mercy on us.

R. Amen.

Christ is risen from the dead! By death He conquered Death, and to those in the graves He granted life. (3)

(Recite) Having beheld the resurrection of Christ, * let us adore the holy Lord Jesus * Who alone is sinless. * We bow to Your cross, O Christ, * and we praise and glorify Your holy resurrection. * You are our God * and beside You we recognize no other, * and we invoke Your Name. * Come, all you faithful, * and let us bow to the holy resurrection of Christ, * since, through the cross, * joy has come to all the world. * Ever praising the Lord, * let us extol His resurrection, * since He, * having endured the crucifixion, * has destroyed Death by His death.

HYPAKOJE - Tone 8

The women with Mary, before the dawn, * found the stone rolled away from the tomb, * and they heard the Angel say: * "Why do you seek among the dead, as a mortal, the One Who abides in everlasting light? * Behold the linens of burial. * Go in haste and proclaim to the world * that, having conquered Death, the Lord is risen; * for He is the Son of God, the Savior of mankind."

KONTAKION - Tone 8

Although You descended into the grave, O Immortal, * You destroyed the power of Death. * You arose as a victor,

O Christ God. * You told the women bearing ointment: "Rejoice!" * You gave peace to Your Apostles * and resurrection to the Fallen.

TROPARIA - Tone 8

Being God, You were present in the tomb by Your body, * and yet in Hades by Your soul, * in Paradise with the thief. * and on the throne, O Christ, with the Father and the Holy Spirit, * filling all things but encompassed by none.

Glory be: * O Christ, Your tomb, the fount of our resurrection, * is indeed a giver of life more splendid than Paradise * and more radiant than any royal chamber.

Now and ever: * Hail, holy and divine dwelling of the Most High, * for through you, O Mother of God, * joy has been given to those who cry out: * "Blessed are you among women, O Lady most pure!"

Lord, have mercy (40)

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, who, a virgin, gave birth to God the Word, you, truly the Mother of God, we magnify.

In the name of the Lord, give the blessing, Father!

Celebrant: Through the prayers of our holy Father, O Lord Jesus Christ, have mercy on us.

R. Amen.

Christ is risen from the dead! By death He conquered Death, and to those in the graves He granted life. (3)

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen. Lord, have mercy! Lord, have mercy! Lord, have mercy! Give the blessing!

Celebrant: May Christ our true God, risen from the dead, by death conquering Death and granting life to all in the

graves, have mercy on us and save us through the prayers of His most pure Mother and all the Saints, for He is gracious and loves mankind.

R. Amen.

